



CHIJ St. Joseph's Convent

Since 1938

Sec 1 Parent-Teacher Meeting

Parent Support Group & Parent Engagement



Outline/Agenda

1. Parent Support Group (PSG)
2. Positive Parenting Programme
3. Parenting Resources



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1. SJC PARENTS SUPPORT GROUP (PSG) 2023



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CHIJ SJC PSG – EXECUTIVE COMMITTEE 2023 - 2024



**MS SERENE ER
CHAIRPERSON**



**MS BENITA FONG
SECRETARY &
CO-ORDINATOR OF
PARENT PRAYER GROUP**



**MS JENNIE WONG
ASSISTANT
SECRETARY**



**MRS PREETAM SINGH
TREASURER**



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Sharing by Mr Terence Teo

PSG Chairperson from 2016 to 2019



Our PSG Mission :

Partners in Education to provide quality
& holistic education

Aim :

To encourage parents to join the PSG to be Partners
in Education, to support the school in the holistic
development of SJCians



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CHIJ SJC PSG – Our Purpose

An opportunity to serve and participate, sharing a common goal of making SJC the best school for our girls

- A place for team-bonding, to enjoy the friendships and experience of learning, caring and sharing together as parents
- A place to learn from one another and at the same time give full support to the school to provide a conducive environment for our students to learn and grow.



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Parent Prayer Group

- Fortnightly online prayer meetings to pray for school, students, teachers and parents
- 1st Monday & 3rd Thursday of month

Social Project Sale

- Contribution to the school community and beyond
- 2022: Sale of Mother's Day Gifts

PSG EXECUTIVE COMMITTEE

Path Finders & Path Navigators

- Supports school's ECG programme
- E.g. interviewers, speakers for Careers' Week, internship offers

PSG Members Support School Activities

- Volunteer in school events
- Sponsorship of Bag of Encouragement / Teachers' Day gift pack



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PSG in 2022

PSG Presentation and Recruitment of members
at Sec 1 Level PTM

Termly meeting - PSG members and Executive
Committee with School Leaders (via Zoom)

- March 2022
- May 2022
- August 2022
- October 2022



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Parent Prayer Group

Meet every 1st Monday and 3rd Thursday of the month at School chapel to conduct prayers

Pray for the well being and health of our teachers, staff and SJC girls and their family.





PSG Supported Activities for 2022- ECG:
PSG parents supported Sec 4 girls by assisting them in their EAE interview.



Crochet Cardholder \$3

Crochet Coaster \$2.50

Crochet Rose Pin \$3

Crochet Roses \$3

Sanrio Keychain \$2.50

Turkish Soap \$2

Turkish Towel \$3.50

Mother's Day Cards

Date of Sale:
28, 29 April 2022



Social Project Sale

- Supporting the school to inculcate gratitude in our girls
- Promoting awareness of those who are in need



GOODIE BAG FROM PSG AS ENCOURAGEMENT FOR CLASS OF 2022

- Support School Activities



GIFT FROM PSG APPRECIATING TEACHERS ON TEACHERS' DAY

- Support School Activities





CHIJMES

PSG Bonding Activities 2022

SJC PSG welcomes parents to join us!

- Exchange ideas on parenting
- Network with each other to provide learning platform to share our skills and experiences
- Work together with school to provide conducive learning environment for our SJC students.
- Extend our Love, Hope and Believe
 - for students who need our assistance and support for the chance to grow and develop
 - groom our daughters at the same time

Love ~ Hope ~ Believe



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Why PSG?



- Educational expert and research done by NIE suggest that joining the PSG is very useful.
- This Parental Grapevine is useful for sharing information and ideas.
- Presence of parents in school
 - conveys message to child the importance of schooling
 - gives good understanding of the school community, specific context the child operates daily and the challenges our teachers face.



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FIRST PSG GATHERING 2023



We would like to extend an invitation to parents who are keen to be part of our PSG's team! Come join us at our 1st PSG Gathering.

DATE: 17th Feb (Friday) 2023

TIME: 6:30 pm

VENUE: Bentinck (CHIJ SJC)

PSG members will organise the event.

Reservation is available now at the PSG corner.



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POSITIVE PARENTING PROGRAMME (TRIPLE P)



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In partnership with CHIJ
St. Joseph's Convent,
MWS Family Support
Programme (FSP)
offers Evidence-based
parenting programmes.

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POSITIVE PARENTING PROGRAM

TRIPLE P TEENS SEMINAR SERIES

WHAT IS TRIPLE P?



A toolbox of **tested-
and-proven parenting
strategies** for you to
choose from!



Ranked by the United
Nations as the **world's
Number 1 parenting
programme**



**Tested with
thousands of
families** for more
than 35 years

Positive Parenting Program® (Triple P) Level 2 webinars via Zoom.

(organized by Methodist Welfare Services, MSF-appointed Social Service Agency)

1. Webinars conducted in English (Open to parents of child in Sec 1)

Seminar #	Date	Time	Topic*
1	11 th February 2023 (Saturday)	10am – 11.30am	Raising Responsible Teenagers
2	18 th February 2023 (Saturday)	10am – 11.30am	Raising Confident, Competent Teenagers
3	25 th February 2023 (Saturday)	10am – 11.30am	Getting Teenagers Connected

Webinar details are inside PG. Registration closes on the 3rd of February.



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Registration for the webinars is now opened.

- A letter and infographic of the webinar has been disseminated via Parent Gateway to Sec 1 parent.
- Infographic and registration details are also available from the school website.



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WHAT WILL YOU LEARN?

SEMINAR 1: RAISING RESPONSIBLE TEENAGERS

Learn how to help your teenager be more **reliable**, **respectful**, **considerate**, and get **involved in family decisions!**

How can I help my teen **adapt** to the demands of **secondary school**?

SEMINAR 2: RAISING CONFIDENT, COMPETENT TEENAGERS

Help your teenager make the most of his or her time through **setting routines**, learning how to **problem-solve** and develop **self-discipline!**

SEMINAR 3: GETTING TEENAGERS CONNECTED

Coach your teenager to build healthy relationships by **caring for others**, being **confident and assertive**, and **planning ahead!**

SEMINAR DETAILS

Dates & Time:

11, 18 & 25 February, Saturday, 10am to 11.30am via Zoom Please use this link or scan the QR code to register:

Please use this link or scan the QR code to register:



<https://forms.office.com/r/Z3JMVuGJgC>

For more information on Triple P, please visit: <https://www.triplep-parenting.net/global/triple-p/>



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3. PARENTING RESOURCES



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Visit our **USEFUL LINKS** for **Parents**



The screenshot shows the website for CHIJ St. Joseph's Convent. The header features the school's crest, name, and tagline 'Simple in Virtue, Steadfast in Duty' along with navigation links: About Us, Curriculum, CCA, Student Development, Special Programmes, Community, and Useful Links. A large banner image displays a gold school badge on a white shirt. Below the banner, the 'Useful Links' section is active, with a sub-menu showing 'School Matters' under the 'Parents' category.

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Simple in Virtue, Steadfast in Duty
• Since 1938 •

About Us Curriculum CCA Student Development Special Programmes Community **Useful Links**

Useful Links

Home / Useful Links

Useful Links

Students Teachers / Staff **Parents** Student Services Financial Assistance

• School Matters

- **Updates for PTM**
- **Information on Parent Engagement Programme**
- **MOE Related sites for useful resources**

<https://chijstjosephsconvent.moe.edu.sg/useful-links>



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MOE RESOURCES FOR PARENTING TIP & GUIDE

SCHOOLBAG
THE EDUCATION NEWS SITE

WEDNESDAY, 26TH MAY 2021

Search

GO

HOME

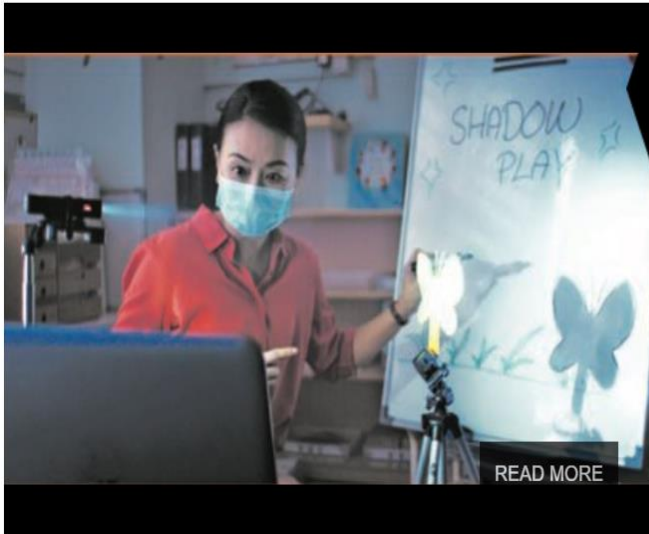
EDUCATION

FEATURES

TEACHERS' DIGEST

MULTIMEDIA

FAQ



Video: Thank You Teacher - A Tribute from Parents

Back to School Measures to safeguard students

Helping students help themselves

READ MORE

 **Share Your Story**

If you know a teacher who has made an impact in your life, tell us.

Get Our Newsletter

Mr

First name

Last name

Email address



I'm not a robot



Sign up



<https://www.schoolbag.edu.sg/>

<https://www.instagram.com/parentingwith.moesg/>



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JOIN US!

as our Parent Support Group

Dear Sec 1 Parents,

We appreciate if you can take time to indicate your interest to join our Parent Support Group through the FORMSG link / Qrcode

<https://go.gov.sg/pskg1v>



<https://go.gov.sg/pskg1v>



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